

The Wait is Over

As you may have noticed, **Spring Fire Station 76** is officially open. Here are some general statistics about your fire department:

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Began operation in 1953

Covers approximately 115 square miles

Currently operates out of 7 stations with 21 pieces of apparatus

Has just over 100 professional volunteers

Volunteers are supplemented during the work week by a paid staff at three stations

Responded to nearly 4000 runs last year

Currently an ISO class 3 department

Spring Fire Department is looking for volunteers who are interested in bettering their community through public service. The department not only has openings for fire fighters, but also in our rehab unit which provides on scene assistance to fire fighters. If you are interested in getting more information, you may call our administration line at 281-355-1266 during regular business hours. The non-emergency number for station 76 is 281-290-0295.



**Sunday,
November
4th**

A safety reminder

Many fire departments encourage people to change the batteries in their smoke detectors when they change their clocks because Daylight Saving Time provides a convenient reminder. "A working smoke detector more than doubles a person's chances of surviving a home fire," says William McNabb of the Troy Fire Department in Michigan. More than 90 percent of homes in the United States have smoke detectors, but one-third are estimated to have dead or missing batteries.

In Our Community

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Next LHOA Meeting

Tuesday, November 13th
7:30 pm

Londonderry Clubhouse
Homeowners are encouraged to attend!

Neighborhood Teen Job Seekers Babysitting (b); Pet sitting (p); Yard work (y)

Name	Phone #	Services
Caleb	832-331-8051	b, p
Katie	281-413-3232	b, p

If you're a teen and you'd like to list your information in this newsletter, please send it to lhoanewsletter@sbcglobal.net. There is no charge for Londonderry residents.

Important Numbers for Londonderry Residents

Harris County Constable-Emergency Dispatch

281-376-3472

Fire & Ambulance

Call 911

Poison Control

1-800-764-7661

Animal Control

281-999-3191

Londonderry Clubhouse

281-255-2016

Londonderry Pool

281-255-8025

To report a street lamp out

713-207-2222

LOT MAINTENANCE

Maintaining Overall Lot Appearance

- Mowing the Grass
- Removal of Weeds
- Edging the Driveway
- Edging the Curb
- Removal of Cuttings

Corner Lots: Cover all areas viewed from the street. Should be maintained as above including the side curbs.

Thank you,
Londonderry HOA
Deed Restrictions

Interested in advertising in the Londonderry newsletter? Whether you are involved in a home-based business or go in to an office each day, you can advertise your product or service to the over 400 homeowners of Londonderry subdivision. It's easy to do.....just submit your information to lhoanewsletter@sbcglobal.net by the 15th of the month and your ad will appear in the following month's newsletter. Prices are as follows:

	1 Month	3 Months	6 Months
1/8 page	\$10	\$25	\$50
1/4 page	\$15	\$40	\$80
1/2 page	\$25	\$70	\$140
Full page	\$40	\$100	\$200

Is It COLD or FLU?

According to the American Academy of Pediatrics (AAP), your child will probably have more colds, or upper respiratory infections, than any other illness. If your child is in child care or has older siblings in school, he probably will have even more colds than average.

Preventing Colds

Can you reduce the number of colds your child experiences? Colds are caused by viruses which may be spread by coughing, sneezing, or touching. You can prevent some colds by limiting your child's contact with other young children and making sure all family members carefully and regularly wash their hands. Supervised use of hand sanitizer is an effective alternative to washing with soap and water when soap and water are not available.

Treating a Cold

Unfortunately, there is no cure for the common cold. Antibiotics may be used to combat bacterial infections, but they have no effect on viruses. The best thing you can do is to make sure your child is comfortable. Make sure he gets extra rest and drinks more fluid than usual. If he has a fever, give him acetaminophen or ibuprofen, not aspirin. Never give cough medicines or cough/cold preparations to a child under the age of 3 unless prescribed by your pediatrician. Over-the-counter treatments often dry the respiratory passages or make the nasal secretions even thicker. In addition, they tend to cause side effects such as drowsiness. Coughing is a protective mechanism that clears mucus from the lower part of the respiratory tract, and ordinarily there is no reason to suppress a cough.

Place a cool-mist humidifier in your child's room to help keep nasal secretions flowing and make him more comfortable. Be sure to clean and dry the humidifier thoroughly each day in order to prevent contamination by bacteria or mold. Hot-water vaporizers are not recommended because they can cause serious scalds or burns.

Cold vs. Flu

Both the flu and a cold are caused by viruses and share many symptoms. But there are differences. A child with a common cold usually has a lower fever, a runny nose, and only a small amount of coughing. Children with the flu usually feel worse and achy. Also, the flu tends to strike more quickly than a cold. Nausea and vomiting are more common with the flu than with a cold. A child who has a cold usually has enough energy to play and keep up with his usual day-to-day routines. The flu may keep your child in bed for several days and last a week or even longer. With the flu, your child usually will feel the worst during the first two or three days and may have any of the following symptoms:

- Sudden fever (usually above 101 degrees Fahrenheit)
- Chills and shakes
- Extreme lethargy
- Headache and body aches

- Dry, hacking cough
- Sore throat
- Vomiting and stomach pain
- Congestion

Typically there are no serious complications from the flu. However, sometimes an ear infection, a sinus infection, or pneumonia might develop.

Bring Comfort

When your child has a cold or the flu, he will need extra attention from you. Share favorite books or stories while your child rests. Prepare an inexpensive album with photos of special friends or family members that will comfort your child. Simple puzzles, games, or play dough may be enjoyed while your child rests. Colorful insulated cups with lids will encourage your child to consume warm soup or cool fruit juice. Play recordings of familiar music or stories for your child to listen to as he rests or prepares to sleep.

Getting and Staying Well

Maintain healthy family routines while your child is sick. Encourage other family members to get additional rest, eat well, and avoid contracting the virus. Conscientious hand washing and careful cleaning of all items used by your child will be essential to prevent the spread of a cold or the flu. Avoid returning your child to other groups of young children until you are confident that he is ready for vigorous activity and is not contagious.

Article excerpted from ParentLife magazine, November 2007.

Flu Vaccination

The Centers for Disease Control and Prevention (CDC) recommend that healthy children ages 6 months to 5 years, family members of young children, and out-of-home caregivers get a flu vaccine. In addition, the CDC also recommends influenza vaccination for any child from 6 months to 18 years of age with chronic health problems. The best time to get vaccinated is late October and November.

Source: Centers for Disease Control, www.cdc.gov/flu.

When to See the Doctor

Although your child probably will not need to see a doctor when she has a cold, call your pediatrician if you see any of the following symptoms:

- The noisy breathing of a cold is accompanied by the widening of the nostrils with each breath or difficulty moving breath in and out.
- Your child's lips, fingernails, or toenails turn blue.
- Nasal mucus persists for longer than 10 to 14 days.
- Your child's cough lasts more than one week.
- There is pain in your child's ear.
- Your child's temperature is over 101 degrees Fahrenheit.
- Your child is excessively sleepy or cranky.

Source: American Academy of Pediatrics, "Parenting Corner," www.aap.org

Financial Focus: Lump Sum vs. Annuity: The Choice is Yours

Does your employer offer a pension? If so, you'll want to be familiar with your payout options before it's time to start taking money out - because your choice can have a big impact on your retirement income.

If you participate in a pension (also known as a defined benefit plan), you'll receive, upon retirement, a specific amount of money based on your salary history and years of service. But how you take that money is up to you.

You have two basic options: You can accept the pension as a series of annuity payments, spread out over your lifetime or a certain number of years, or you can take the money as a lump sum. (Not all pension plans offer the lump-sum option, however.)

Which option is better? There's no one "right" answer for everyone. But at some point before you retire, you should go over some possible arguments for both choices. Here are a few to consider:

Choosing a lump sum

- * Can help you avoid effects of inflation - In many cases, annuity payments are not indexed to inflation. Consequently, you're getting paid with dollars that are essentially worth less and less each year, while some costs - such as health care - may be rising at a rate faster than the Consumer Price Index, a common "yardstick" used to measure inflation. But if you take your pension as a lump sum, you're getting all the money in today's dollars.
- * Can help you leave more to loved ones - Once you and your spouse die, annuity payments from a pension may stop. However, if you take a lump sum and then reinvest the proceeds into other securities, you may have more assets available to leave to family members.
- * Can help you control when you pay taxes - Your annuity payments will be taxable. Of course, so will your lump sum, but if you roll it over into an IRA, you'll have more control over when you take funds and pay income taxes provided you are over the age of 59 1/2.

Choosing an annuity

- * Can give you greater flexibility in managing retirement income - If you choose to accept your defined benefit payments as an annuity, you may be able to structure your payments to match your needs and

goals. Your options may include a "straight-life" annuity that provides a monthly payment for your lifetime or a "joint and survivor" annuity that covers your life and that of your spouse. Or, you may be able to choose a "level income" option, which provides you with larger payments before you start receiving Social Security and smaller payments after. Another option may be a "period certain" payout; under this arrangement, you would receive a reduced annuity over your lifetime, but if you were to die during a specified period, such as ten years, monthly payments would be made to your beneficiary for the remainder of ten-year period.

* May give you more money over the course of your lifetime - If you end up living a few decades past your retirement date, you might end up with more money, in total, if you accepted an annuity instead of a lump sum.

As you near retirement, consult with your financial advisor and tax professional to determine which option - lump sum or annuity - is right for you. You worked hard for your pension - so make sure it works hard for you.

Provided by Edward Jones, office of Kevin Martin, Financial Advisor at 24910 Kuykendahl Suite D Tomball, Tx. 77375 Phone: 281-357-0838

LIFE DOESN'T STAND STILL AND NEITHER SHOULD YOUR INVESTMENTS.

Time can affect you as much as your investments. While you can't stop change, you can help make sure your investments match your current circumstances and goals.

Fortunately, doing that may be as easy as meeting with your financial advisor. A free Portfolio Review from Edward Jones can help identify where your investments stand in relation to your goals. And help put time back on your side.

To schedule a complimentary Portfolio Review, call your local financial advisor today.



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Turkey Facts

How the Turkey Got It's Name

There are a number of explanations for the origin of the name of the Thanksgiving's favorite dinner guest. Some believe Christopher Columbus thought that the land he discovered was connected to India, and believed the bird he discovered (the turkey) was a type of peacock. He therefore called it 'tuka,' which is 'peacock' in Tamil, an Indian language.

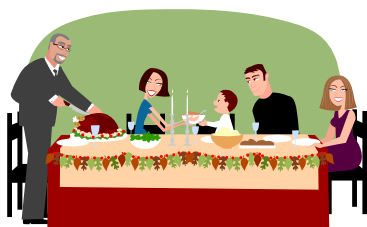
Though the turkey is actually a type of pheasant, one can't blame the explorer for trying.

The Native American name for turkey is 'firkee'; some say this is how turkeys got their name. Simple facts, however, sometimes produce the best answers—when a turkey is scared, it makes a “turk, turk, turk” noise.

Turkey Facts

- At one time, the turkey and the bald eagle were considered as the national symbol of America. Benjamin Franklin was one of those who argued passionately on behalf of the turkey. Franklin felt the turkey, although “vain and silly”, was a better choice than the bald eagle, whom he felt was “a coward.”
- According to the U.S. Department of Agriculture, more than 45 million turkeys are cooked and eaten in the U.S. during Thanksgiving—that's one sixth of all turkeys sold in the U.S. each year. American per capita consumption of turkeys has soared from 8.3 pounds in 1975 to 18.5 pounds last year.
- Last year, 2.7 billion pounds of turkey was processed in the United States.
- Age is a determining factor in taste. Old, large males are preferable to young toms (males) as tom meat is stringy. The opposite is true for females: old hens are tougher birds.
- A turkey under 16 weeks of age is called a fryer, while a young roaster is five to seven months old.
- Turkeys are the only breed of poultry native to the Western Hemisphere.
- Turkeys have great hearing, but no external ears. They can also see in color, and have excellent visual acuity and a wide field of vision (about 270 degrees), which makes sneaking up on them difficult. However, turkeys have a poor sense of smell, but an excellent sense of taste.
- Domesticated turkeys cannot fly. Wild turkeys, however, can fly for short distances at speeds up to 55 miles per hour. They can also reach speeds of 25 miles per hour on the ground.
- Turkeys sometimes spend the night in trees.
- Turkeys can have heart attacks: turkeys in fields near the Air Force test areas over which the sound barrier was broken were known to drop dead from the shock of the passing jets.
- The ballroom dance known as the Turkey Trot was named for the short, jerky steps a turkey makes.

Happy
Thanksgiving



Londonderry Homeowner's Association

Meeting Minutes – October 9, 2007

The HOA Board of 2007

President: Guy Chason
(281) 351-9544
Vice President: Ticia Stolt
(281) 255-2016
Secretary: Robin Haney
(281) 255-2009
Treasurer: Heather Walker
(713) 384-5984
Parliamentarian: Wayne Rutledge
(281) 255-4554
Sergeant-At-Arms: Brian Zultowski (832) 419-8386
Newsletter Editor: Brandi Morgan
(281) 923-4252

2007 Londonderry

Committees

Adult's Activities: *Open position*
Architectural: Joe Perez
(281) 516-7729
Ball Field: Darrell Schulze
(281) 351-2008
Children's Activities: *Open position*
Clubhouse: Lori Heidenreich
(281) 255-2016
Deed Restrictions: Susan Wheeler (281) 255-2016
Fishing Pond: Roy Alford
(281) 357-4367
Improvements: *Open position*
Pool Liaison: (281) 255-2016
Swim Team Liaison: Vanessa Gnatzig (281) 255-3187
Website: Brian Conrad
(281) 255-2016
Welcome: Bob and Jimmie Carlton (281) 351-4358

If you are interested in any of the above positions or committees, please contact one of the board members listed above or call 281-255-2016.

Visit the LHOA website at www.londonderry-hoa.org.

Attendance

Board Members: Guy Chason, Wayne Rutledge, Brandi Morgan, Brian Zultowski, Heather Walker, and Robin Haney

Residents: Roy Alford, B. James, Gary Butler, Susan Wheeler, Darrell Schulze, and Lori Heidenreich

The meeting was called to order at 7:30pm.

The minutes of previous meeting were read and approved.

Treasurer's Report

- A. Total checking and savings account balance \$85,327.13
- B. 420 Houses are paid in full for 2007 dues
 - 17 Houses are with the attorney
 - 4 Houses are in foreclosure
 - 2 Houses on payment plans are past due and going to collections

Committee Reports:

Adult Activities: Volunteers are needed for this committee.

Children's Activities: Pumpkin Patch play date is set for October 20th at noon. Please check September Newsletter or website for more information (<http://www.londonderry-hoa.org>). A special thank you is extended to Tommie Alexander for all her hard work in setting up fun play dates. Plans are underway for LHOA's Christmas Day with Santa, please look for future information in the newsletter and on the website as well. Volunteers are needed for the Children's Committee.

Deed Restrictions: The committee would like to express their thanks for the hard work being done in our community. It's the small details that can make a huge difference in the overall look of a neighborhood. Six violation notices are still pending for August. Forty-seven notices were mailed out in September. Three notices were submitted to the board for review.

Old Business

Bids to repair the cracks between the expansion joints around the concrete decking surrounding the pool is still pending.

New Business

1. Names for the nominating committee are still being sought.
2. The AC has been programmed in the clubhouse.
3. Tennis court repairs are expected to be completed soon.
4. Individuals jumping the wrought iron into the pool area are trespassing and the constables office will be notified.
5. The playground filling will be checked for safety.
6. A motion to spend \$750.00 on Christmas lighting and decorations was presented and passed.
7. Estimates for to repair the high pole lights are being sought.

The meeting adjourned at 8:08pm.

Reese Haney, Matthew Morgan, J.D. Haney and Kyle Morgan in the Pumpkin Patch at the Old Time Christmas Tree Farm on October 20th.

